

**MSc Research (2012-2017)**

**2012-2013**

| <b>Sr. No.</b> | <b>GUIDES</b>                                     | <b>TITLE</b>  | <b>STUDENTS</b>  |
|----------------|---|---|--|
| 1.             | Dr. Mrudula Deshpande & Mrs. Vinaya Vaishyanpayam | Assessment of health and nutritional status of urban geriatric young-old men and women (60-69 years)  | Rabia Mistry   |
| 2.             | Mrs. Anuradha Shekhar                             | <p>A Comparison Study on the Effect of Cinnamon Clove And Bay Leaf Powder in type 2 Diabetes Mellitus Patients in the age Group of 35-70 years</p> <p>Effect of physical activity on young women having dysmenorrhea.</p> <p>Impact of Nutrition Intervention on nutrition assessment and life style modification among girls (10-15yrs) in an orphanage in Central Mumbai.</p> <p>To study the effect of nutrition and lifestyle education programme on the nutritional status of elderly living in an old age home (age 50-95 yrs)</p> <p>Assesment of nutritional status of infants feeding practice (12 to 24 months) in Mumbai .</p> | <p>1) Dwani Dhedia</p> <p>2) Swarada Pitkar</p> <p>3) Jayti Shah</p> <p>4) Afsha Sheikh</p> <p>5) Pranoti Mane</p> |
| 3.             | Dr. Rupali Sengupta                               | <p>1) Effectiveness of NEP among school going Children.</p> <p>2) Effect of garden</p>  | 1) Binal Bhadra  |

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|    |                    | <p>cross seeds on hemoglobin levels in college going girls.</p> <p>3) Nutritional Status of Pre-School children across Mumbra -A Gender comparison</p> <p>4) Assessment of Nutritional Status of School Teachers in Mumbai</p> <p>5) Effect of Green Tea Leaves on the Lipid Profile of Overweight and Obese Girls.</p> | <p>2) Mudra Gohil</p> <p>3) Shaheen Malik</p> <p>4) Raksha Mishra</p> <p>5) ShaliniTripathi</p> |
| 4. | Mrs. MadhaviSath e | Nutrient intake and meal pattern during different phases of menstrual cycle in young females (age group 18-23yrs)   | AnamikaDubey  |

2013-2014

| <b>Sr.No.</b> | <b>GUIDES</b>           | <b>TITLE</b>  | <b>STUDENTS</b>       |
|---------------|-------------------------|---|-----------------------|
| 1.            | Mrs. VinayaVaishampayan | Studying Health and Nutrition status of young-old, middle-old and old-old in the city of Mumbai.  | ShamaChohan           |
| 2.            | Dr. RupaliSengupta      | Effect of Nutritional Education Program For parents on Dietary pattern of pre-school children between 3-6 years of age in Mumbai.                             | NanditaDhanaki        |
| 3.            | Dr. RupaliSengupta      | Effect of Dark chocolate consumption in lowering stress in college going students (18-21 yrs.) in Mumbai.   | Shikha Bhatia         |
| 4.            | Mrs. AnuradhaShankhar   | Assessment of factors affecting body composition of young school children in Mumbai and Navi Mumbai.  | SukhmeetKaurManektala |
| 5.            | Dr. RupaliSengupta      | Effect of physical activity & dietary patterns on anthropometric measurements of children between 3-6 years in Mumbai.  | VidishaPorecha        |
| 6.            | Dr. RupaliSengupta      | Effect of Increasing Fiber Contents on Blood Glucose Levels in Type 2 Diabetic Patients   | Pooja Shah            |
| 7.            | Mrs. AnuradhaShankhar   | Effect of a high Protein, Low GI bar on the anthropometric measurements, weight loss, body composition and BMI of PCOD subjects. (20-30 yrs.) in a gym setup. | MiteshriPrajapati     |

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| 8.  | Dr. RupaliSengupta      | Assessment of the body composition and its correlation with other nutritional status of young women residing in hostel of Mumbai (18-23 years).   | Saloni Shah        |
| 9.  | Dr. LeenaRaje           | Relationship between body composition and bone mineral density in perimenopausal women from Mumbai city.  | FaizaAzmi          |
| 10. | Mrs. VinayaVaishampayan | Identify positive and negative deviants of health and nutrition in young adult married women (20-39 yrs)inDawoodiBohra Community- Case Study.   | ArwaBandukwala     |
| 11. | Mrs. AnuradhaShekhar    | To identify risk factors in developing metabolic syndrome among girls and boys aged 18-24 yrs in Mumbai city.   | Juliet D'souza     |
| 12. | Mrs. AnuradhaShekhar    | Effect of Calcium status on hypertensive patients of age group 35-70 yrs.   | ShehzeenSalimGhare |
| 13. | Mrs. MadhaviSathre      | Assessment of Dietary Patterns,Food Selection ,Cooking Methods and Incidence of Lifestyle disorders in Maharashtrian sub ethnic groups (Marathas and Kokanastha Brahmins) in Mumbai city. | EeshaKanade        |
| 14. | Dr. RekhaBattalwar      | Incidence of Vitamin D deficiency in type 2 diabetic patients.  | DhrishtiBijlani    |
| 15. | Dr. LeenaRaje           | Nutritional Awareness in Teaching Community: Knowledge, Attitude and Practice (KAP) study with Nutrition Education Program (NEP) in Mumbai City.  | Jinal Mehta        |
| 16. | Mrs.                    | Effect of Breakfast   | Nandita Murthy     |

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|     | MadhaviSath<br>e            | pattern on Reaction time<br>of school going Children<br>8-9 yrs old in Mumbai<br>city.   |                    |
| 17. | Mrs.<br>AnuradhaShe<br>khar | A comparative study of<br>nutritional status of<br>adolescence who<br>consumed carbonated<br>versus non-carbonated<br>beverages.   | Nikita Paralkar    |
| 18. | Dr. LeenaRaje               | Assessment of nutritional<br>awareness and<br>conduction of Nutrition<br>Education Program for<br>girls participating in<br>various sports activitiesin<br>S.N.D.T Women's<br>University: KAP tool | NishaShahu         |
| 19. | Dr.<br>RekhaBattalw<br>ar   | Study on compliance of<br>diet in type 2 Diabetes<br>patients (25-60 yrs).   | BhagyashreeSolanki |

**2014-2015**

| <b>S.NO</b> | <b>NAME OF STUDENTS</b> | <b>GUIDE</b>        | <b>RESEARCH TOPIC</b>   |
|-------------|-------------------------|---------------------|---|
| 1.          | Padma Venkatesan        | DrRupaliSengupta    | Effect of supplementation of tulsi leaves and curry leaves on type-II diabetic patients   |
| 2.          | SnehaAmbre              | DrRupaliSengupta    | Effect of Nutrition Education program on dietary eating patterns of adolescent girls (16-19 yrs) in Mumbai                                  |
| 3.          | NaliniSaraf             | DrRupaliSengupta    | Effect of Barley &Wheatbran on overweight people (19-35 yrs)  |
| 4.          | SnehalRongte            | DrRupaliSengupta    | Assessment of dietary patterns among school going children with age-group (9-15 years)  |
| 5.          | MallarapuJyothi         | Mrs.AnuradhaShekhar | Consumption of Fast Food and Quality of Living index in hostelites and Days Scholars between the age group of 18-23 yrs in Mumbai           |
| 6.          | AnkitaGhag              | Mrs.AnuradhaShekhar | Comparative study of nutritional status, dietary patterns and body composition in Gujarati & Punjabi community of 20-25yrs of age in Mumbai |

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| 7.  | Saiyed Sana               | Mrs.AnuradhaShekhar | Effect of excessive coffee consumption in BPO working executives between the age group of 25-40 years in TCS  |
| 8.  | Shiresha V. Dyawarishetty | Mrs. MadhaviSathe   | To study the Dietary Pattern and factors influencing food choices with the Incidence of dental caries in children (6-8 yrs)                                     |
| 9.  | Shweta Joshi              | Mrs.MadhaviSathe    | A Comparative Study of the Influence of Office Working Hours on Food Choices, Dietary Pattern And the Occurrence of Digestive Problems in Working Men and Women |
| 10. | Karishma Shah             | Mrs.AnuradhaShekhar | Assessment of Lifestyle intervention in men & women (24-50yrs) with impaired glucose tolerance (IGI) in Mumbai  |
| 11. | VasundharaAgrawal         | Dr.RekhaBhattalwar  | To Assess the Health and Nutritional Status of Pregnant Women and to impart Nutritional Education (20-45years)  |
| 12. | Huda Shaikh               | Dr.RekhaBhattalwar  | Comparative Study of the Nutritional and Health Status of   |

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|    |             |                     | School going Children from a private school and Municipality school (12-15years)                   |
| 13 | SnehaRaut   | Dr. LeenaRaje       | To Study the pattern of oil consumption and Associated Health Problem all over Mumbai (40-70years) |
| 14 | BaharMukhri | Dr. RekhaBhattalwar | Nutritional Assessment and Health status of Patients undergoing Dialysis                           |

**2015-2016**

| <b>SR.NO</b> | <b>NAME OF STUDENTS</b> | <b>GUIDE</b>       | <b>TOPIC</b>  |
|--------------|-------------------------|--------------------|---|
| 1            | Jyotirao                | DrChandaGokhale    | To study the association between dietary diversity and BMI in young adults (21-25YRS).                                      |
| 2            | MahakSarguru            | DrChandaGokhale    | To study the association between dietary diversity by measuring waist to hip circumference in young adolescents (16-21YRS). |
| 3            | AnkitaHadage            | DrChandaGokhale    | In vitro assessment of prebiotic activity of various food stuffs (inulin based)   |
| 4            | Shaista Ansari          | Dr.RekhaBattalwar  | A study on associated dietary factors with special reference to dietary fats on cvdprevalences.                             |
| 5            | FarinInamdar            | Dr.RekhaBattalwar  | A study on the effect of dietary fiber and physical activity on overweight  |
| 6            | Sophia Sam              | Dr. JagmeetMadan   | Assessment of nutritional status of lacto-vegetarian adults from ethnic community of Mumbai                                 |
| 7            | PiyushaPatil            | Dr. JagmeetMadan   | Assessment of nutritional status of non-vegetarian adults from ethnic community of Mumbai                                   |
| 8            | NidhiPatalia            | MrsAnuradhaShekhar | Assessment of nutritional status and stress levels in adolescent girls in relation to sleeping patterns                     |
| 9            | Shreya Gore             | MrsAnuradhaShekhar | Beneficiaries of mid day meal in school going children.   |
| 10           | DhanashreeNalavade      | MrsAnuradhaShekhar | Effect of diet and lifestyle pattern on infertile woman   |
| 11           | Nikita Urankar          | MrsAnuradhaShekhar | Lifestyle and dietary patterns of patient undergoing dialysis.  |
| 12           | Ankitamestry            | MrsAnuradhaShekhar | Association between the dietary pattern and premenstrual syndrome in teenagers.   |
| 13           | Anamgolandaz            | Dr. Rita patil     | Impact of nutritional counselling on body weight and body fat of breast cancer patient                                      |
| 14           | Samrudhishivkar         | Dr. Rita patil     | Study the nutritional status in the age group of 65 to 75 years institutionalize and non-institutionalize elderly.          |

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| 15 | Suhasini.Rao      | Dr.RupaliSengupta  | Effects of dietary patterns and related health issues amongst journalists from print and electronic media in Mumbai.                                      |
| 16 | RamyaParameswaran | Dr.RupaliSengupta  | Assessment of food consumption pattern, dietary habits and its impact on increased lifestyle diseases in different cultural groups of India.              |
| 17 | NiharikaArora     | Dr. RupaliSengupta | Effects of food advertisements on eating pattern of school going children between age group of 10-12 years.   |
| 18 | Saloni Bhatt      | Dr. RupaliSengupta | Effect of nutrition intervention in Non- Alcoholic Fatty Liver Disease patients.  |
| 19 | SomaiyehPayandeh  | Dr. RupaliSengupta | Assessment of anthropometric measurement and dietary recall of school going children  |
| 20 | AshwiniSheth      | Dr.RupaliSengupta  | To assess knowledge attitude and practices of pediatric cancer patient's mothers during the treatment phase viz-a-viz nutrition outreach program.         |
| 21 | SonaliSawant      | Dr.LeenaRaje       | Does mother's working status have an impact on quality and nutritional adequacy of their children's lunch boxes?  |
| 22 | Bijalvora         | MrsMadhaviSathe    | Comparison of nutritional quality of lacto vegetarian ,lacto ovo vegetarian and non-vegetarian diets of diabetic patients                                 |
| 23 | MansiGada         | Mrs. MadhaviSathe  | Comparison of nutritional status and the effect of Physical activity on incidence of obesity in girls (age group7-9 years)from low and high income group. |