List of Publications
2011-2016

Total No of publications by Faculty:

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Books

2014-2015
Prof. Mala Pandurang.

2015-2016
Mrs. Alka Pant.

Publications in Journals

2011-2012

Prof. Mala Pandurang:

Dr. Rupali Sengupta
• “Effect of Leaf Extracts of Albizzia lebbeck (Linn) Benth on glycogen content in the liver and muscle tissues of diabetic mice” *Advances in Pharmacology and Toxicology*, Mumbai,Vol 12 (2); 1-6; 2 August, 2011. The above journal is abstracted in Chemical Abstract, USA, Indian Science Abstract, ICI, Medicinal & Aromatic Plant Abstracts with ISSN 0973-2381.
• “Antihyperglycaemic and Antidiabetic Effect of the Leaf Extracts of Albizzia lebbeck linn (benth) and Psidium guajava linn.OnAlloxan and Streptozotocin


**2012-2013**

Dr. Shilpa Charankar and Dr. Mittu Gupta


Dr. Meena Mehta:


Mrs. Anuradha Shekhar:


Mrs. Anuradha Shekhar


**2013-2014**

Prof. Mala Pandurang


Dr. Meena Mehta


**Dr. Vrushali Datar,**
• “Extent of Purchase and Opinion of the Consumers regarding the Malls in Baroda City” *IDEAS-A Compilation. ISSN No. 2320-0162* Vol. 6, 2013-14
• “Extent and Opinion of Consumers regarding Purchase in Malls of Nashik City”, *The Indian Journal of Home Science, ISSN No. 0970 2733 IHMSF 29* Vol. 29, Dec. 2013

**Ms. Veena Verma,**
• “Dimensional Stability of Woven Fabrics due to Soaking and Washing in Relation to Yarn Characteristics”, *Journal of Textile Association*, pp. 219-227(ISSN 0368-4636 & Online ISSN2347-2537), December 2013.

**Mrs. Anuradha Shekhar**

The following faculty members published their papers in the Dr. BMN college journal *Ideas- A Compilation*, Vol. 6, 2013-2014, ISSN 2320-0162.

**Dr. Shilpa Charankar and Ms. Dedhia Ela,**

**Ms. Veena Verma, Dr. Shilpa Charankar and G.S. Nadiger,**

**Mrs. Anuradha Shekhar**
• “Bran Crackers”, pp: 64-72,

**Mrs. Sugandha Lad**

**Mrs. Pradnya Prashant Ambre**
• “Stress Management – Need of an hour”: pp: 50-54.

**Mrs. Anuradha Shekhar, Ms. Dhruvi Malde and Ms. Huma Khan**

**Mrs Vinaya Vaishampayam :**
• “A Comparative Study of Hygiene and Sanitation Practices in General and Chain Restaurants in the City Of Mumbai”.


2014-2015

Ms. Najmunissa Shaikh, Ms. Milina Pereira, Ms. Pooja Nair & Ms. Sharada Sirisilla

Dr. Meena Mehta

Mrs. Anuradha Shekhar
- “Anthropometric measurements as a predictor of metabolic syndrome among young adults aged 18-24 yrs. in Mumbai city”, *Journal of community Nutrition and Health*, vol 3 issue1, 2014, p:39-45. ISSN 2278 – 7542 eISSN 2278 - 571X.

Dr. Rupali Sengupta.

Dr. Vrushali Datar,

Mr. Shahajahan Khan, Ms. Kavita Karapurkar Ms. Manjot Kaur, Ms. Neetu Singhi & Ms. Elavarasi Navajivan

Ms. Roma Gandhi.

Ms. Najmunnisa Shaikh


**IDEAS – A compilation.** September 2014, Volume 7, ISSN No. 2320-0162:

• **Ms. Vinaya Vaishampayan.** “PMS A fact not just fiction”: pp 31-37.

• **Mrs. Paulomi Nair, Mrs. Anuradha Shekhar and Mrs. Alka Pant.** “Enhancing Worksite wellness of the Non-Teaching Staff” pp:19-21.

• **Ms. Roma Gandhi.** “Handwriting Ergonomics”: pp 1-7.

• **Mrs Pradnya Ambre.** “Natural Dyes- A Green Technology for Coloration”: pp. 75-82.


**Meena Mehta**


**2015-2016**

**Prof. Mala Pandurang**


**Ideas – A Compilation. A Special Supplementary edition of papers on Sustainable Tourism.** Peer Reviewed with ISSN no 2320-0162, vol -8, 2015.

• **Mrs. Anuradha Shekhar.** “Gastronomic Tourism- An emerging concept” pp: 161-171.


• **Dr. Vrushali Datar,** “Eco Tourism: Awareness of Teaching and Non-Teaching Staff Members of Mumbai City”, pp: 49-57.


**Dr. Kirti Pathak.**


**Mrs. Vidya Subramanian**,
• “Collection Development with the Objective of Developing Reading and Presentation skills in Women Students;” A study in *Knowledge Librarian* (An international peer reviewed Bilingual e-journal in Library and Information Science) Vol 2 Issue 5 eISSN -2394-2475 p.322-337.

Meena Mehta

Dr. Rashmi Vyavaharkar

**Edited Chapters in books**

2011-2012

Prof. Mala Pandurang

Mrs. Vidya Subramanian

2012-2013

Mrs Alka Pant
Prof. Mala Pandurang


2013-2014

Prof. Mala Pandurang


Mrs. Vidyasubramanian, Dr. Shilpa P Charankar and Dr. Rashmi Vyavaharkar


2014-2015

Prof. Mala Pandurang

- Unit on “Alienation and Accommodation”, *Transnational Gendered identities*. Course work published by Indira Gandhi National Open University, New Delhi, 2014.

Ms. Vidyasubramanium.


Dr. Vrushali Datar


Mrs. Anuradha Shekhar

2015-2016

Prof. Mala Pandurang


Mrs. Sugandha Lad


Mrs Vinaya Vaishampyam


Conference Proceedings

2011-2012

Dr. Shilpa Charankar, Mrs. Veena Verma and Mrs. Sugandha Lad


Dr. Shilpa Charankar, Mrs. Veena Verma and Mrs. Sugandha Lad

- “Retail Merchandizing “, Proceedings of National level UGC seminar on Apparel Merchandizing Management organized by Dr. BMN College of Home Science, Matunga Mumbai. 2011-12.

Mrs. Anuradha Shekhar


2012-2013

Mrs. Anuradha Shekhar

- “Applications and Benefits of Knowledge Management for improving communication skills in undergraduate students”, a National Level Seminar on Applying Corporate Knowledge management practices in Higher education organized by The Dept. of Commerce and Internal Quality Assurance cell and the paper is published in the proceedings. Nanavati college Vile Parle, pp: 59.
2013-2014

Dr. Rashmi Vyavaharkar and Mrs. Sugandha Lad


The following faculty members published their papers in the proceedings of the UGC sponsored National level Workshop on “Gender and Nutrition” organised by Dr. B.M. Ruia College, Gamdevi on 27th and 28th September, 2013 ISBN 978-81-922913-1-4:

- Dr. Vrushali Datar, “Healthy Old Age”, p: 10-17.

Ms. Neetu Singhi, Ms. Manjot Kaur and Ms. Elavarasi Navajivan:


Dr. Kirti Pathak, Dr. Rashmi Vyavaharkar and Mrs. Alka Pant


Prof. Mala Pandurang


2014-2015

Ms. Vidya Subramanium.


Ms. Manjot Kaur, Ms. Elavarasi Navajivan, Ms. Neetu Jain, Ms. Kavita Karapurkar

Ms. Elavarasi Navajivan.

The following papers were published in the proceedings of one day Multidisciplinary National Seminar on Academic Excellence-Current Challenge’ organized by Sree Narayana Guru College of Commerce in collaboration with University of Mumbai on 8th February.

Ms. Najumunissa Shaikh, Ms. Milina Pereira, Ms. Sharada Sirisilla

2015-2016

Dr. Vrushali Datar

Mrs. Anuradha Shekhar

Dr. Shilpa P. Charankar (co-authored by Mrs. Anuradha Shekhar and Dr. Rupali Sengupta)
- “Teaching, learning and Evaluation methods followed at Dr. BMN college of Home Science” at a NAAC sponsored one day National Seminar on Teaching, Learning and Evaluation NKTT college, Thane. ISBN No- 978-81-931391-5-8, 2015 pp; 78-80.

Mrs. Vidya Subramanian (Librarian)
Ms. Neetu Singhi, Ms. Kavita Karapurkar, Ms. Manjot Kaur, Ms. Sudha Lawrence, Ms. Snehal Deshmukh

Ms. Anuradha Shekhar, Dr. Shilpa Charankar, and Dr. Rupali Sengupta.


Mr. Abdul Rahman, Ms. Sharada Sirsilla and Mr. Shahajahan Khan
- SRISHTEE: Erase E-Waste pp. 26-43

Ms. K.P. Anuradha
- Changes in Higher Education: Role of Educators as Facilitators by Implementing Teaching Best Practices: pp. 44-50

Ms. Anuradha Shekhar
- Promoting the spirit of Inquiry through Research and instilling Entrepreneurial skills in Undergraduate students’ pp.113-117.

Dr. Vrushali Datar

Ms. Najmunnisa Shaikh, Ms. Milina Pereira & Ms. Sudha Lawrence.

Ms. Padmaja Biwalkar, Dr. Rashmi Vyavaharkar & Dr. Kirti Pathak

Any other/Articles/Book Review

2011-2012
Dr. Mala Pandurang:
2012-2013
Dr. Meena Mehta
- “The anatomy of healthy snacks” Mid-Day (1st May 2012); “Edible Oil” Samana Arogya (8th May 2012); “Relax with Flax” Times of India, Pune (7th Nov. 2012);

Prof. Mala Pandurang

Mrs. Anuradha Shekhar:

2014-2015
Prof. Mala Pandurang.

2015-2016
Mrs. Anuradha Shekhar.

Prof. Mala Pandurang
### Faculty Publications Co-authored With Students:

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#### Books

2012-2013

Mrs. Anuradha Shekhar and Ms. Hetal
- Parekh *Vitamin (OH) D3 Status in Patients with Diabetes Mellitus Type 2*, in the Book project with Lap Publishing with the project number 51276 and ISBN 978-3-659-00246-5.

#### Journals

2012-2013

Akhtar Ansari, Hitha Koimavalappil & Rupali Sengupta.

Mudra P Gohil, & Rupali Sengupta .
- “A healthier choice for better living”Oats Italian Bread – An Innovative Product.” *In Food and Nutrition Technology for Public Health Care* UK ISSN No. 2042-5996 Impact Factor: 1.012.

Sakina Ratlamwalla, & Anuradha Shekhar
- “Anthropometric measurements through Neck circumference for Obesity people” at *Food and Nutrition Technology for Public Health Care* UK ISSN No. 2042-5996 page no. 1.

2013-2014

Mrs. Anuradha Shekhar co-authored with:

Ms. Bhargavi G. Naidu and Ms. Kirti J. Shirke

Ms. Prerna Gawde and Ms. Bhagyshree
Rupali Sengupta co-authored with

Nandita Dhanaki.
- “Development of a modified low fat recipe from an original recipe for Obese” in e-ISSN 2320 –7876 Vol. 2 Iss. 2 pp. 95-97.

Vidisha Porecha.


2014-2015

Dr. Rupali Sengupta co-authored the following papers which have been published in the *International Journal of Food Nutritional Sciences* http://www.ijfans.com/currentissue.html101www.ijfans.com e-ISSN 2320 –7876, Vol.3, Apr-Jun 2014 with following students:
- Ms.Sneha Ambre “Jowar Chivda (A modified Food for CVD Patient)”: 125-128.
- Ms. Shiresha Dyawarishetty “Formulation and evaluation of dates and flaxseeds incorporated Barfi”: 163-166.
- Ms. Karishma Shah “Dry Fruit Chutney(A Modified recipe for Obesity)”: 185-188.

Ms. Nandita Dhanaki
Mrs. Anuradha Shekhar published with following students:

**Swarada Pitkar**

**Ms. Juliet D'souza**
- Anthropometric Measurements as a Useful Factor to Predict Metabolic Syndrome Among Young Adults Aged 18-24years in Mumbai City in International Journal of Medicine and Public Health IJMPH 2015 January – March, volume 5 issue 12230–8598 online, pp:-40- 47.

**Rochita Date and Athira Mohanan**

2015-2016

**Mrs. Anuradha Shekhar with Ms. Juliet D’Souza.**

**Mrs. Anuradha Shekhar with Ms. Ankita Anil Ghag**

**Mrs. Anuradha Shekhar with Ms. Dhwani Dedhia**

- **Ms. Karishma Jitesh Shah.** “Effect of Nutritional Status and Life Style Modification on Pre-Diabetic Patient in Mumbai” pp: 81-86.
- **Ms. Ankita Anil Ghag.** “Effects of Physical Activity on Anthropometric Measurement of 20-25 Years of Age in Gujarati and Punjabi Communities in Mumbai City” pp: 373-376.
Dr. Rupali Sengupta co-authored the following papers with M.Sc CND students:


**2016-2017**

Dr. Rupali Sengupta co-authored with

- **Ms. Avani Shah** “Flaxcurry Bhakarwadi” in e-ISSN no: 2277-8160 vol 5; issue 8, May 2016 pg. 3.63.


Anuradha shekhar co-authored with


• **Zainab Panvelwala1, Anisha Pawar1** “A study of nutritional fudge made by using ghee extracts and orange peels”, Peer reviewed e-ISSN 2320 -7876 [www.ijfans.com](http://www.ijfans.com) Vol. 5, No. 4, October 2016 Impact Factor 1.021.pp: 67-73


**Conference Proceedings:**

2012-2013

STUDENTS PUBLICATIONS:

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Journals

2013-2014

Ms. Bhargavi Naidu and Ms. Kirti Shirke
- won a consolation prize and trophy for their oral presentation at the ICMR, DST and DBT Sponsored International Conference on ‘Technological Advances in Super Foods for Health Care (ICTASH-2013)’ at Pondicherry from 3rd and 6th May, 2013. The paper has been published in the International Journal of Food and Health Science e- ISSN NO 2320-7876.

Ms. Bhagyashree Solanki

2015-2016

The following students published paper in SMES Dr. BMN College research journal Ideas – A Compilation. A Special Supplement. Peer Reviewed with ISSN no 2320-0162, vol -8, 2015

Ms. Minal Gada, Ms. Donde Ayushi Shah, Ms. Foram Shambavi Jethwa.
- “Consumer acceptability and Shelf life of a Galactogogue powder” pp: 49-57.