

CURRICULUM VITAE

Name: BHAVISHA LALIT SANCHETI (MSc FND, NET, CDE)

Ph. No.: 9833918811

Email ID: bhavisha@bmncollege.com

RESIDENCE: Mumbai.

EDUCATIONAL QUALIFICATIONS:

- NET in Home Science (2014)
- BSc & MSc in Food, Nutrition and Dietetics – College of Home Science Nirmala Niketan, Affiliated to Mumbai University
- Successfully completed Certificate courses in:
 - Introduction to Ayurveda in Nutrition by TDU, Bangalore (2021)
 - Nutrigenomics- beginner level by Nutritional Genomix (2016)
 - National Diabetic Educators Program by IDE (2015)
 - Nutrition for Exercise & Fitness by College of Home Science Nirmala Niketan (2012)

Life Member of:

- Indian Dietetics Association, Mumbai Chapter
- Nutrition Society of India, Mumbai Chapter
- Association of Food Scientist and Technologist of India

Current Position:

- ❖ Currently working as Assistant Professor for MSc-Clinical Nutrition and Dietetics & PG Diploma in Sports Science and fitness Nutrition in Dr. BMN College, Matunga, affiliated to SNDT University from 2015 till date.
- ❖ Program In-charge for the program MSc in Dietetics and Food service Management (DFSM) offered by Indira Gandhi National Open University (IGNOU) from 2020.

WORK EXPERIENCE:

- ❖ Guest lecturer at Nirmala Niketan College of Home Science, for MSc Food Processing and Preservation and PG Dietetics.
- ❖ Honorary guest lecturer at All India Institute of Local Self Government, Mumbai. [Saurashtra University]
- ❖ Previously worked at Kokilaben Dhirubhai Ambani Hospital, Mumbai, as a Jr. Nutrition Therapist from August'14 to April'15.

Specialized Subjects:

- ❖ Medical nutrition therapy (Th)
- ❖ Human Physiology (Th)
- ❖ Human Nutrition (Th)
- ❖ Nutrition in health and disease (Th)
- ❖ Minerals

- ❖ Vitamins
- ❖ Macro-nutrients
- ❖ Principles of Food Science (Pr) (IGNOU)
- ❖ Advances in Human Nutrition (Pr) (IGNOU)

PUBLICATION:

- ❖ Paper title “Emerging Predictors of Metabolic Syndrome: Neck Circumference and Waist: Height Ratio” in Research Reach Journal; vol: 14-1, ISSN 0974-617X.

PAPER PRESENTATIONS:

- ❖ Poster presentation of paper titled “New Screening Tools for Metabolic Syndrome- Neck Circumference and Waist: Height Ratio” Annual National conference of Indian Dietetics Association (IDACON 2016) on the theme “Joining Hands to Nourish India” [1st prize]
- ❖ Oral presentation of paper title “Emerging Predictors of Metabolic Syndrome: Neck Circumference and Waist: Height Ratio” in the International conference on Nutrigenomics and Nutrigenetics, 2016.
- ❖ Poster presentation of paper entitled “Internship: an effective teaching tool” in the National level seminar on “Strategies to implement best practices in teaching, learning and evaluation”(NAAC sponsored), 2-3rd March 2016.

ACHIEVEMENTS:

- ❖ Received 1st prize in poster competition for the paper entitled “new screening tool for Metabolic Syndrome- Neck Circumference and Waist: Height Ratio” at IDACON 2016, Mumbai.
- ❖ Secured the prize for “Most Innovative Recipe” in cooking competition organised by Narmada Kidney Foundation on 14th July 2013.
- ❖ Received K.U. Narm Awards for securing 1st position in MSc FND by AFSTI, Mumbai chapter, 2014.
- ❖ Stood 1st in MSc (FND) university examination.
- ❖ Stood 1st in FYBSC, TYBSC (FND) university examination.
- ❖ Stood 1st in value added course on Nutrition and Exercise for Fitness.
- ❖ Won the nutrition quiz competition in year 2010 held by PFNDI
- ❖ Rewarded with “most innovative recipe” prize in cooking competition conducted by Narmada Kidney Foundation.
- ❖ Rewarded with Smt Makaben Premji Ramji Vora scholarship/ prize for securing highest marks in field work in TYFND (2011-12)
- ❖ Rewarded with Ms T Joseph memorial prize for securing highest marks in TYBSc-FND examination.

PARTICIPATED AS AN ORGANIZING MEMBER IN:

- ❖ National level seminar on “Strategies to implement best practices in teaching, learning and evaluation”(NAAC sponsored), 2-3rd March 2016 at Dr. BMN College of Home Science

- ❖ Participation and active member of the International Conference held by the college “Enhancing Health, Wellbeing And Sustainability: Opportunities, Challenges And Future Directions”
- ❖ Active member of the seminar organised by women’s development cell of the college on entrepreneurship titled “i-lead: A call for future entrepreneurs”.