

UG Course Structure

	Semester II		Credits	Marks
2.1	Management of Resources (4+0)	Major (Core)	4	100
2.2	Travel Geography (2+0)	Major (Core)	2	50
2.3	Time & Energy Management (2+0)	Minor Stream	2	50
2.4	Biological Systems and Human Health (2+2)	OEC	4	100
2.5	Food Art & Linen Craft (0+2)	VSC	2	50
2.6	Craft of Writing (1+1)	SEC	2	50
2.7	Indian Writing (Intermediate) Language through literature (Basic)	AEC	2	50
2.8	Introduction to Gender Studies	VEC	2	50
2.9	C.C/ NSS/ NCC/ Research project	CC	2	50
			22	550

PROGRAMME: B.Sc. in Home Science

Department of Resource Management

Semester II

Management of Resources

*(Offered to students specializing in
Resource Management)*

2.1 (Major Core) Management of Resources

Course Title	Management of Resources
Course Credits	4
Theory – Internal - External	Theory: 4 Practical: 0 Internal: Theory: 25 Marks + 25 marks project = Total 50 External: 50 Marks Total: Internal + External = 100

Course Outcomes	After going through the course, learners will be able to:
	1. Define and apply the different resources used in daily life.
	2. Prioritize the resources according to their usability.
	3. Aligning time, energy and money as important resources in personal and professional activities.
	4. Assess the use of resources in different situations.
Module 1 (Credit 1)	
Learning Outcomes	After learning the module, learners will be able to:
	1. Identify the use of resources in management.
	2. Describe the resources used in management.
	3. Interpret the resources in a given situation.
	4. Infer and evaluate the resources.
Content Outline	<p>1. Resources in Management</p> <ul style="list-style-type: none"> • Meaning and Definitions of Resources <p>2. Characteristics of Resources</p> <ul style="list-style-type: none"> • Resources are useful • Resources are limited • Resources are accessible • Resources are interrelated • Management processes can be applied to all resources • Resources have alternate uses • Resources can be substituted <p>3. Classification of Resources □ Human resources □ Non – human resources</p> <ul style="list-style-type: none"> • Tangible resources • Non – tangible resources <p>4. Factors affecting the use of Resources</p> <ul style="list-style-type: none"> • Size of income • Socio economic status • Occupation • Size and composition of the family • Location of the family

Module 2 (Credit 1)	
Learning Outcomes	After learning the module, learners will be able to:
	1. Discuss time as an important resource
	2. Calculate time taken for each activity
	3. Evaluate the usage of time
Content Outline	<p>1. Management of Time as a Resource</p> <ul style="list-style-type: none"> <input type="checkbox"/> Nature and characteristics of time <input type="checkbox"/> Types of time – clock time, biological time and psychological time <p>2. Time Management Process</p> <ul style="list-style-type: none"> <input type="checkbox"/> Types of time plans <input type="checkbox"/> Controlling time plans <input type="checkbox"/> Evaluating time plans

Module 3 (Credit 1)	
Learning Outcome	After learning the module, learners will be able to:
	1. Summarize energy management
	2. Relate energy management with daily activities
	3. Evaluate and develop work simplification charts of daily activities
Content Outline	<p>1. Management of Energy as a Resource</p> <ul style="list-style-type: none"> • Characteristics of energy as a resource • Fatigue – Meaning • Classification of fatigue- physiological and psychological (boredom and frustration), causes and remedies of fatigue. <p>2. Work Simplification</p> <ul style="list-style-type: none"> • Definition and meaning • Principles of body mechanics • Mundell’s classes of change • Process chart method • Pathway chart method

Module 4 (Credit 1)	
Learning Outcomes	After learning the module, learners will be able to:
	1. Understand the term income and make effective and efficient budget.
	2. Maintain proper accounts of the expenditure incurred.
	3. Understand the terms like taxation, savings and investments.
Content Outline	<p>1. Management of Money as a Resource</p> <ul style="list-style-type: none"> □ Meaning & types of income. □ Income management process- □ Budget- Meaning, importance, steps in preparing budget and factors affecting budget □ Account keeping- importance and methods <p>2. Expenditure</p> <ul style="list-style-type: none"> □ Meaning & Definition. □ Factors Affecting Expenditure-Income ➤ Size and Composition of the family ➤ Locality ➤ Type of the family ➤ Contributors and Claimants in family ➤ Cost of living ➤ Standard of living <p>3. Taxation</p> <ul style="list-style-type: none"> □ Meaning and objectives of taxation. □ Types of taxation – direct (Income and wealth) and indirect (Sales Tax, Service Tax, VAT). <p>4. Savings</p>

	<ul style="list-style-type: none"> □ Definition, meaning & importance of savings. □ Types of savings ➤ Compulsory savings (GPF, CPF)
	<ul style="list-style-type: none"> ➤ Voluntary savings (PPF, Post Office savings, savings in Banks, LIC, Bonds, UTI etc.) <p>5. Investments</p> <ul style="list-style-type: none"> • Meaning & Objectives • Types of Investments ➤ Shares and types of shares ➤ Debentures and types of debentures ➤ Mutual Funds

References:

1. Aquinas, P.G.. “Introduction to Management”. Mangalore, Sita Publishing House, 2007.
2. Barrows, Clayton W. “Introduction to Management to Hospitality Industry”. New Jersey, John Wiley, 2009, 9th Ed.
3. Bhargava, Bela. “Family Resource Management and Interior Decoration”. Jaipur, University Book House, 2005.
4. Bharathi, V.V. ; Jacintha, M.. “Family Resource Management”, New Concepts and Theory. New Delhi, Discovery Publishing House, 1994.
5. Moore, Tami James : “Family Resource Management”. London, Sage, 2013. 2nd Edition.
6. Seetharaman, Premavathy; Batra, Sonia; Mehra, Preeti: “An Introduction to Family Resource Management”. New Delhi, CBS Publishers & Distributors Pvt Ltd, 2005.
7. Powers, Tom. “Introduction to Management to Hospitality Industry”. New York, 7th Ed.

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Department of Resource

Management

Semester II

Travel Geography

***(Offered to students specializing in
Resource Management)***

2.2 (Major Core) – Travel Geography

Course Title	Travel Geography
Course Credits	2
Theory – Internal	Theory: 2 Internal: Theory: 25 Marks + 25 marks project = Total 50 Total: = 50
Course Outcomes	After going through the course, learners will be able to: 1. Understand the importance of travel geography. 2. Use the methods and procedures of calculating travel time. 3. Classify various land forms as tourist attraction. 4. Explain the attractions and accessibilities of countries
Module 1 (Credit 1)	
Learning Outcomes	After learning the module, learners will be able to: 1. Identify and describe the term travel geography. 2. Explain the relationship between geography and tourism. 3. Understand the importance of physical features of the geography and its relevance in tourism.

	4. Comprehend the dynamic interplay between geographical factors such as climate, landscapes, and cultural attributes in shaping tourism development.
Content Outline	1. Introduction and definition of travel and tourism geography 2. Divisions of Geography <ul style="list-style-type: none"> • Cultural • Physical • Travel Geography and its importance • Latitude-Longitude-International Date Line-Time zone-Time differences 3. Major landforms as tourist resources <ul style="list-style-type: none"> • Mountains • Plateau • Plain • Deserts • Ocean, Sea, Rivers and Lakes
Module 2 (Credit 1)	
Learning Outcomes	After learning the module, learners will be able to: Identify tourist destinations across the world considering
Content Outline	1. Concept of Destination and tourist attractions 2. Plotting of different cities and important cities within 3. Plot Major attractions in the world 4. Wonders of the World Ancient Modern Natural

References:

- Baghala, Sunil (2017). Tourism Geography. Book Enclave, Jaipur 2017 v, 312p. ISSN No. 9788181524065 B10670, 338.4791
- Encyclopaedia of World Geography
- India – Lonely Planet Publication
- Khan, M.Y. (2015). Tourism Geography. Wisdom Press, New Delhi. 2015 262. Tour Organisation, Sea, Air, Rail and Surface Tourism - 1295 9789383318346 B10197, 338.4791
- Nelson, Velvet, (2013). An introduction to the Geography of Tourism. Rawat Publications, Jaipur. xxi, 309p. 9788131606506 B10052, 338.4791

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Department of Resource Management

Semester II

Time & Energy Management

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Resource Management)*

2.3 (Minor Subject) Time and Energy Management

Course Title	Time and Energy Management
Course Credits	2
Theory – Practical Internal - External	Theory: 2 Practical: 0 Internal: Theory: 25 Marks + 25 marks project = Total 50 External: 50 Marks Total: Internal + External = 50
Course Outcomes	After going through the course, learners will be able to:
	1. Associate time, energy and money as important resources in personal and professional activities.
	2. Assess the use of resources in different situations.
Module 1 (Credit 1)	
Learning Outcomes	After learning the module, learners will be able to:
	1. Discuss time as an important resource.
	2. Calculate time taken for each activity.
	3. Evaluate the usage of time.
Content Outline	1. Management of Time as a Resource <ul style="list-style-type: none">• Nature and characteristics of time• Types of time – clock time, biological time and psychological time 2. Time Management Process <ul style="list-style-type: none">• Types of time plans• Controlling time plans• Evaluating time plans

Module 2 (Credit 1)

Learning Outcome	After learning the module, learners will be able to:
	1. Summarize energy management.
	2. Relate energy management with daily activities.
	3. Evaluate and develop work simplification charts of daily activities.
Content Outline	<p>1. Management of Energy as a Resource</p> <ul style="list-style-type: none"> □ Characteristics of energy as a resource □ Fatigue – Meaning □ Classification of fatigue- physiological and psychological (boredom and frustration), causes and remedies of fatigue. <p>2. Work Simplification</p> <ul style="list-style-type: none"> □ Definition and meaning □ Principles of body mechanics □ Mundell’s classes of change □ Process chart method □ Pathway chart method

References:

1. Aquinas, P.G.. “Introduction to Management”. Mangalore, Sita Publishing House, 2007.
2. Barrows, Clayton W. “Introduction to Management to Hospitality Industry”. New Jersey, John Wiley, 2009, 9th Ed.
3. Bhargava, Bela. “Family Resource Management and Interior Decoration”. Jaipur, University Book House, 2005.
4. Bharathi, V.V. ; Jacintha, M.. “Family Resource Management”, New Concepts and Theory. New Delhi, Discovery Publishing House, 1994.
5. Moore, Tami James : “Family Resource Management”. London, Sage, 2013. 2nd Edition.
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Semester II

Food Art & Linen Craft

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2.5 (Vocational Skill Course) Food Art & Linen Craft

Course Title	Food Art & Linen Craft
Course Credits	2
PracticalInternal	Practical: 2 Total = 50 Continuous Assessment
Course Outcomes	After going through the course, learners will be able to: <ol style="list-style-type: none">1. Learn the craft of vegetable and fruit carving to make impressive food garnishes.2. To make food more attractive, appetizing and easier to eat.3. To prepare different styles of towel folds.

	4. To make the bed/bathroom look nicer and more stylish using towel art.
Module 1 Vegetable and Fruit Carving (Credit 1)	
Learning Outcomes	After learning the module, learners will be able to:
	1. Identify and select good different fruits and vegetables to carve and garnish.
	2. Identify and use different knives effectively and efficiently.
	3. Make impressive vegetable and fruit carvings.
	4. To developed carving skills and gain confidence in their abilities.
Content Outline	<ol style="list-style-type: none"> 1. Fruits and Vegetable Carving 2. Types of fruits and vegetables used for carving 3. Tools and accessories 4. Basics of selecting raw materials 5. Fruit carving or cutting for beverages and desserts
Module 2 Linen art (Credit 1)	
Learning Outcomes	After learning the module, learners will be able to:
	1. Identify, use and maintain the linen required for creating linen art
	2. Make impressive and stylish towel art to decorate the bed.
Content Outline	<ol style="list-style-type: none"> 1. Introduction to linen used in hotels. 2. Use, care and maintenance of it. 3. Creating theme wise towel art for bedrooms and bathrooms

Assignments/Activities towards Comprehensive Continuous

Evaluation (CCE) Maintaining a journal

Webliography:

<https://knifeplanet.net/2016/03/12/vegetable-carving-tools-knives/>

<http://www.theartoffoodcarving.be/en/formations.htm>

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https://in.pinterest.com/sweetbeertje_88/towels-on-bed/

<https://www.youtube.com/watch?v=ZFXdoGC7Rz8>