

# **ALUMNI ASSOCIATION**

**DR BHANUBEN MAHENDRA NANAVATI COLLEGE OF  
HOME SCIENCE**

**NAAC ACCREDITED 'A' Grade (CGP 3.64)**

# ***REFLECTIONS***

**ANNUAL NEWSLETTER**

***Down Memory Lane***

**VOLUME IV**

**E-newsletter I**

**2011-12**

**DR BHANUBEN MAHENDRA NANAVATI COLLEGE OF HOME SCIENCE**

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## **VISION**

**Empowerment of Women through Quality in Education**

## **MISSION**

**To impart quality education to women and enable them to become independent and competent, thereby benefiting our society and country at large**

### ***Members of the Alumni committee***

***President- Dr Shilpa Charankar***

#### **TEACHER MEMBERS**

***Dr. Meena Mehta***

***Ms. Veena Verma***

***Dr. Kirti Pathak***

***Ms. Neetu Jain***

***Ms. Nilofer Ansari***

## **ALUMNI ASSOCIATION**

The primary objective of the Association is to keep in touch with former students. This not only enables the faculty to be aware of what the alumni is doing, but also gives former students an opportunity to share their knowledge and experience with the faculty and current students.

Students who are already placed in reputed firms act as resource persons by organizing guest lectures, providing suggestions for change in syllabus or value added courses based on the demands of the market. They bridge the gap between academics and the industry, by informing the faculty of the latest developments and changes which can be incorporated into the syllabus.

Students who are pursuing higher studies are invited to give lectures to the current students to inform students of the various options available in terms of courses. They also guide students on how to prepare for the numerous entrance exams such as CAT, CET etc.

### **Objectives:**

- 1) To keep in touch with former students.
- 2) Inviting the alumni as Resource persons.
- 3) Taking the aid of alumni for creating possibilities of recruitment and campus interviews of the current students.

## **ACKNOWLEDGEMENT**

On behalf of Dr. BMN College of Home Science and the ALUMNI Committee, We extend our gratitude and sincere thanks to THE ALUMNI ASSOCIATION for their generous donation of Rs. 8700/-. This amount was utilized for the freship of needy student. We would also like to thank our ALUMNI for helping us in internship and job placement, being resource person and sharing their experience of industry with the present students.

## FROM THE PRINCIPAL'S DESK

It gives me great pleasure to write an e-message for the launch of our first Alumni e-bulletin. This shows our determination to keep pace with the fast changing world of communication and technology around us. We understand the reach and speed of e-technology and know that we can reach out to so many more of you by means of a newsletter online. I am confident that this initiative will encourage more of you to write in and make the e-bulletin a regular feature.

This year, the alumni meet coincides with the college biennial exhibition which we have named as Kaleidoscope 2011. The word '**Kaleidoscope**' brings to mind a wonderful array of colors in fascinating combinations, offering varied perspectives to the viewer. Similarly the intention of our exhibition is to project the range of programs we offer in our institutions, and the exciting ways in which our students have displayed their inherent creativity and innovativeness. We hope our alumni have had a chance to visit the exhibition and relive their college days. Also, we look forward to your suggestions on how we can take the institution to greater heights, especially after we have been awarded an **A grade** from NAAC, with a very high grade point of **3.64 out of 4**.

Please remember that each one of you will continue to remain members of the BMN family wherever you are and we take great pride whenever we hear from you. It is very important that you update us with what is latest on the professional front so that we can update the same on our data base. We will be very pleased to invite you back as resource persons to motivate and encourage our present students.

I wish you all the very best in your endeavors and dreams for the future.

With warm regards

Dr Shilpa P Charankar

Principal

## **HELLO DEAR ALUMNI**

Its fun to spend an evening with you. It is the day to renew our contacts and keep in touch with each other. It is true that memory of college days are very special for each one of us. But for teachers the memories of their students are very very special. All of us are proud of each one of you. I have a request for you, that while you progress forward in your career, do not forget us. Think of a small demonstration, talk, display or any other such activity that can be useful to your college. Contact us and we will surely do the needful. At the same time you are most welcome for any consultation or advice from us.

Dr. Mrudula Deshpande

Vice Principal

Dr. BMN College of Home Science

Matunga

## **GREETINGS FROM “KHAN SIR”**

As the Coordinator of BCA Department, I would like to welcome you to the BMN College Alumni Network!

Congratulations to All of you for your achievements in your respective fields and for making us proud.

Our Alumni association provides a good opportunity for interaction. For instance, count the number of emails we have exchanged over the past one year. We do like hearing from you, and I hope we will soon be able to provide more opportunities to take your advice and find more about how we can support and celebrate your ongoing professional commitments and enthusiasm. I invite you to share in our vision. Collective work in any association will bring its members together. A common cause is the need of the hour. With your cooperation, the Association can bring out a comprehensive publication to highlight special achievements of alumni. Kindly help update the data on the web-site and provide highlights of your career.

Our college website and BCA yahoo group serves as your “gateway” to all aspects of our alumni program including the latest news, alumni events, internal and external job opportunities. It will also help you to locate former colleagues, create interest groups and refer candidates through our alumni referral program. I encourage you to spend some time exploring the site, which we continue to update.

We feel proud to inform you that our department has completed 10 years and this year we plan to have a very grand celebration to mark the occasion, the dates will soon be declared on our website [www.bmncollege.com](http://www.bmncollege.com) and yahoo group. We have also introduced Masters in Computer Applications (MCA) from IGNOU. We look forward for your active participation in all the programs of our college.

Thus, I take up the opportunity to welcome you all to come and join us for all the celebrations coming up.

With warm regards, and good wishes

Shahajahan Khan

Programme Coordinator

Dept. of Computer Applications

I am really impressed by the way our dear alumnae have made a mark personally and professionally after leaving college. Our students have moved in multiple directions – many of you have made careers according to their specializations, while there are others who have chosen a different path such as media, journalism, management etc. Students have also gone on to do their PhD within India and internationally! And still others are doing such a wonderful and important job as homemakers. Whenever I have met you, either in personal or online, each one of you has reflected with such warmth and pride at once being BMNites! I was overwhelmed by the congratulatory messages that kept pouring in on the news that our college has received ‘A’ grade after reaccreditation by NAAC. As your teachers, we have always wished only the best for you and we will continue to do so wherever you are!!! We are after all but one big BMN family!!!!

Lovingly yours -

“Mala ‘ mam”

Dr Mala Pandurang

Head,Department of English

## **MESSAGE FROM THE ALUMNI COMMITTEE**

This function is the Reunion between you & your former classmates. This function is the reunion between You and your alma mater, the institute that helped to shape your future. This moment provides an opportunity that revoke nostalgia. I hope many of you after this reunion here will have formed new friendships, or have created new career opportunities. When you entered in the campus, you may have noticed many physical changes, the statue, the buildings, the campus. The structural buildings & facilities are assets in development of every institute. The greatest asset of any institute is it's people – the students, the faculty, the administration and you, the Alumnus. A good institute can measure its worth by its alumni. Our Alumnus are performing extremely well at various places and positions throughout the world. Alumni Meet brings together a wealth of talented and capable professionals who share their expertise and experience, and brainstorm on the prospective avenues.

## **Why my college deserves an 'A'**

I feel my college deserves an 'A' Grade because Professors here are accessible and are genuinely interested in their student's welfare. There is a feeling of openness and feeling for one another which transcends across all the stakeholders. Teachers are eager to showcase their best of their abilities and openly communicate with each other.

The principal believes in an open door policy and encourages each one to come up with innovative ideas and solutions for better governance and administration. She shares all the rules and regulations [GR, Univ., etc] so that each one is aware of every new rule of the University. She delegates duties and rotates the roles so that each one develops in all possible ways, and become all round personalities. With her dynamism we could grow in terms of courses offered, Industry collaborations, NGO involvement, Area developmental activities, fund raising, Infrastructure development, Research activities, etc. The principal delegates duties identifying positives one has and that has helped to make the institution special and what it is, today.

The management is very encouraging and understands the needs of all the stakeholders and tries to solve them as immediately as they can. They have been instrumental in upgrading this college with various facilities and incentives. They have been true role models in terms of making their daughters study in the very same institution, have been generous donors in expanding the college, have understood the need to uplift the girl students by waiving their fees, keeping their health in picture offering nutri khichidi, giving internet facilities, better library facilities etc.

The students of this college are so dedicated and have actively participated in all the areas and proved that they just don't mean to come and study here but are part of this great institution. They showed good team spirit and showcased their innumerable talents and fetched the top grade by proving their love towards the Institute, and, what can I say about our NAAC Coordinator who has been patiently and diligently made each one realize the need to come together and contribute towards data generation, documentation, forming committees which were not in place, going through piles of data, reporting, following up etc, which made it possible to achieve our goal. Her special efforts need to be applauded. Here, I, would like to appreciate the BCA Dept. from whom we learnt, how to document and be up to date. Thanks to the Non teaching Staff who put their best foot forward and stood by us in our efforts to reach the top.

In all , our college believes in acting rather than talking big which has fetched us an A grade. And now that we have an A grade with 3.64 score it is our moral duty to sustain it and make this institution an excellent temple of learning. I salute, Seva Mandal Education Society for what it has achieved. All the very Best for years to come.....

**Mrs.Anuradha Shekhar**  
**Head,Dept. of Food Science and**  
**Nutrition**

## **Alumni ... Girls who have taken the BMN Flag to greater Heights!**

I, Mrs. Anuradha Shekhar would like to personally thank each one of our alumni who have made a mark in life, in their small way and have given a meaning to the Vision of our college which is, Empowerment. I would love to add a few names that have done their bit in taking this institution a step further. We are proud of Meghana who works for Heinz India, Malvika, an entrepreneur running her clinic - Eat rite, Kajal Thosani , a celebrity of sorts who appears in T.V channels and has been part of Big Boss. Neha Shah for getting selected in reality show Masterchef India and being the top 20 amongst them, Neelam Upadhaya a Health Educator for Ministry of Kuwait, Neha lohia for pursuing Doctral degree and managing IGNOU courses ,Veni Hegde for doing Post Doctoral research in Texas university, to Zara Nezreth, Jyoti Jain , Neha Deshpande, Deepali Dedhia, Dhruvi Patel , Manali, Meethali Etc, for pursuing further studies and working abroad ,to all the Sport s nutrition girls who are managing almost all the gyms in Mumbai city, to the passed out MSC students who have all found beautiful careers for themselves, to those who have cleared NET& SET exams, Neha paharia who topped RD exam, to the girls managing KAYA life clinics so well, to all the girls working in Multinational companies, Pharmaceuticals , Nutraceutical companies etc. to all the girls in administration work , educators ,dietitians in hospitals ,Slimming centers , Non Govt. organizations. If I have left out anybody it is not intentional, Thank you all once again. I loved being a part, in your lives, and if you ever need me, I am a click away. Make yours and others lives healthy, wealthy and wise. Alumni of other departments – FRM, Textiles, and Human development, wish you all the success in your endeavors'. Keep Smiling and reach greater heights. Spread Happiness.....With all best wishes

Mrs.Anuradha Shekhar

Head,Dept. of Food Science and Nutrition

## **Woh College ke din....**

Kuch baate bhuli hui,  
Kuch pal beete hue,

Har galti ka ek naya bahana,  
Aur fir sabki nazar me aana,

Exam ki puri raat jagna,  
Fir bhi sawal dekhke sar khujana,

Mauka mile to class bunk marna,  
Fir doston ke saath canteen jaana,

Har pal hai naya sapna,  
Aaj jo tute fir bhi hai apna,

Yeh college ke din,  
In lamho main zindagi jee bhar ke jeena,

Yaad karke in palon ko,  
Fir jindagi bhar muskurana....

**By**

**Neha Palav**

**(BCA 2006-07)**

**Website Developer**

## **My Memories of BMN**

I passed my B.H.Sc (Food Science & Nutrition) in the year 1993. Lot many memories are attached to me as a student of this college. It is very difficult to put down all the memories on the paper so I am trying to put one memory of F.Y.B.H.Sc 2<sup>nd</sup> semester here on the paper. It was the month of the March. Holi was approaching and we all had planned to celebrate Holi in the college premises with colour and water. And we had also targeted teachers for the same. The day came and we had a class with Oberoi ma'm who used to teach us Nutrition. We had a break before her class and so as per the plan we had filled inside the part of the fan with bits of paper and color. The moment she entered the class as per her habit she told us to switch on the fan. And one of us did so. There was shower of bits of paper on her and we all screamed together as a HAPPY HOLI. She had to smile. We assumed that she couldn't shout on us just because she was pregnant and it might affect baby's health. She was very strict and she never used to give us a smile and we made her smile. This incidence all of us still can not forget.

All our dear teachers of the college fed us balanced diet (in terms of knowledge) and built up a healthy carrier. Dr. Shilpa Ma'm teaching of textiles women and designed our life into colourful fabric which will never fade inspite of actions of natural forces on it. Dr. Deshpande Ma'm played a role of catalyst in formation of our product life. Anu ma'm sugary sweet teaching added taste our life, without breaking the sugar and the blood pressure level of our body. We were micro in terms of the knowledge but, Dr. Meena Ma'm teaching made us Mega organism by feeding in us knowledge of all sorts of Bacteria, Moulds, Viruses etc.

My memories with this college is like a 'Namkin', 'Mirch - Masala', 'kuch khatta-kuch mitha'. Our batch is always be a 'Namakhalal' with the college as this college has given us a lot, 'dilse' I would like to thank all my 'Guru', management of the college, office staff and not only 3 but all idiots of my batch. I had come to this college as an empty pitcher but, now I am a filled pitcher. Please teachers continue this shower of blessings, love, warmth, affection on us forever. Thank you.

**By**

**Ms. Amita Chheda**

**1993**

**Lecturer, S.C.N. Institute of Polytechnic**

## **We The First Batch of B.C.A.**

Ab initio when I had joined Dr. B.M.N College of Home science, i.e during my admissions I had asked Khan Sir whether this is the college we were going to study in? and the moment he said yes, I was so upset!!!! Because the impression I had of SNTD was that of SNTD Santacruz and not this. I disliked the infrastructure of the college but I compromised and got myself admitted to the Bachelors of Computer Applications programme. The college started with its activities and like any other student even I got accustomed to the routine of my college life. I used to constantly crib about the college and wanted to get rid of it as soon as possible. But when the time actually came to say goodbye to the college and the faculty, I realized its importance. I recalled every little thing that the college gave me without which I wouldn't have been able to achieve that little "fame". This college provided us with so many facilities, which made our studies easier. My friends from other colleges always complained about their colleges and the difficulties they faced due to the rigidity of the college and while they complained, I never realized how lucky I was to be in this institute. As the first batch of B.C.A we were always pampered and motivated to participate in various events organized. Our degree college life was immensely enjoyable and memorable because of the support of the principal and the teachers. I feel extremely proud for winning various competitions and also made the college feel proud of me. One added advantage of being the first batch of B.C.A is that we had no one to rag us!!

The best part of this institute is the faculty of computer department. We students had developed such a strong rapport with the teachers which I don't think any student of any other college would have developed. The teachers were and are so amicable!!!! We always felt like home. I remember one incident, we had Seema madams' lecture and she had conducted the lecture in the lab. I had a doubt and instead of calling her ma'm I addressed her as "mummy"!!!! That incident was really hilarious! Maths was the subject I was never interested in, but Kavita ma'm with her patience and her faith in me made it all possible for me. Now I have the confidence of becoming the next Shakuntala devi!!! Pandey sir! I don't have words to express his inexplicable work and support without which none of us would have been able to develop our projects. Thank you ma'm, thank you sir for all the support, co-operation, care and love that you extended to us and for your instrumental role in our lives.

Today I again got this opportunity to be a part of this institute but this time my role has changed from a student to a lecturer. Along with the role my responsibilities have also

changed. Now, I am responsible for my student's performance in the subjects I teach. There were many difficult times that I experienced, but in each situation I had strong support of Khan Sir and Kavita ma'm. I learned many things from them like not to lose patience easily, leadership qualities etc. This institute has helped me grow up mature. My perception has changed. Principal ma'm taught me to have a 'let go' attitude though of course it's still a learning process. I still have so much to learn from my esteemed teachers, colleagues and friends. It is only in this institute that I met such good people, among them Bhavana became a very close friend of mine.

Now with god's grace I am doing well and fulfilling all my responsibilities and I hope this continues. There is a small piece of advice to all my students who are also my juniors. Please grab all the opportunities that come your way. Don't let even a single opportunity or chance go waste and make your college, your department, your teachers and your elders feel proud of yourself. Never let them down because they are the ones who build our foundation.

**By**

**Ms. Neetu Jain**

**(2003-04)**

**Lecturer & Placement Officer, Dr. B.M.N College**

## **Me and The First Batch of B.C.A**

College days play an important role in every individual's life as far as Education and growth is concerned. Being linked with the First Batch of BCA itself makes you feel special. Special in every aspect. Today after a period of four years we have recognition of being a successful BCA lot.

What more can one demand for? Life in college has really been very beautiful. With lots of new friends, new lectures and new subjects to study.

The three-year BCA course has its own features- especially when it comes to studies. We have all sorts of subjects like Accounts, Mathematics, English, Computers and the Personality Development classes. And when we talk about so many subjects how can we forget our lecturers who never allowed us forget our motto of being in the college. From class tests to assignments, from vivas to practicals, from seminars to guest lectures, from individual projects to Group projects from semester exams to University exams they have helped us and guided us to prove our potentials. Our schedule in BCA can be compared with the Steps involved in software development. Every step has molded us and transformed us into a better individual. And at every step we could prove our worth because of our friends and all the Staff of BCA.

All work and no play – Can this be possible with BCA girls. No way. We required no reason for celebrations. And so we had many good moments to be cherished and celebrated together. From Birthday Parties to various days, from study tours to picnics from elections to gathering we have been always ahead of the whole college. The grand rehearsals, marvelous performances and the Trophies no end to it. I really feel very proud to be associated with such a multi-talented crowd.

The three-year BCA course was full of goodies- with lots of opportunities, teamwork spirit, hardworking attitude, most caring and cooperative BCA staff, a wonderful library, a motivating study environment and a successful career. It is all like a dream come true!!! One cannot think of anything better than this. What ever be our ambitions in life the memories of BCA will always give us a stable support and strength to look ahead in life.

**By**  
**Ms. Anagha Nagare**  
**(2003-04)**

## **Hello! We were the first batch of BCA**

Today, as I look back at the three years of BCA, it still seems like just tomorrow we had our farewell function. Everything about BCA seems to be like a fairy tale; I mean those memories are just too good to be true. I don't think any of us ex-BCA's can help feeling nostalgic about it. The best part of BCA is not that students learnt from their teachers; but it was more like students and teachers, both, learn from life.

So I will start of this story from our joining. The first year was full of getting to know each other. That was our first brush with the degree college and the know-how of a professional course; the completion of journals, the assignments, and not to forget our first surprise test etc. Then day-by-day we got to know our teachers. Frankly speaking our teachers were different from the normal perception of a degree college teacher; in short our teachers were the best. We learnt so much from them not only professionally but more, personally. They were in true sense our friend, philosopher and guide. They were the once who taught us, helped us, cared for us and definitely not to forget, at times, tolerated us.

We were a small happy family. Every day started with the excuses of being late for some of us. And then there were the lectures that may be we didn't concentrate very diligently, but tried to give all the attention we could. Then came viva sessions; it was because of these sessions that examination study was never a last minute chore. There were also many presentations, thanks to them, that now in the real world, we do not face a trying time while public speaking. And then also not to forget that all of us scored so well in the internals, all credit goes to the assignments that were given to us time to time. Furthermore, we had tutorials and practicals because of which studying wasn't always a learning 'by heart' activity.

Yes, we also had a lot of fun when we went for 'study cum sight-seeing' tour at Bangalore and Goa. And not to forget hiking and trekking at Bhivpuri was so fun filled and joyous. Moreover there were days (Sari day, Denim day and so many more) which all of us followed like religion. Actually the list is endless.

Like everybody says that we realize the true worth of something after its gone; now we miss BCA like never before. We felt so secured as if we were in a cocoon, protected and safe from the outside world. Now all of us have chosen our paths; all of us are busy with either further studies or with some work. But what ever we may be doing, we were and will

always be a part of BCA. Some part of our thinking and character will always be influenced by the three wonderful years of BCA.

**By**  
**Ms. Pooja Trivedi**  
**(2003-04)**  
**Project Manager, L&T Infotech**

## **Asha at BMN**

I still remember the day when I came with my friend to fill the form of then newly introduced course of BCA i.e. Bachelor of Computer Application. My friend kept on warning me that since the course had introduced first time in Mumbai, it would not have much scope. But I had decided that I would surely do this course and I graduated as a software engineer from Dr.B.M.N college of Home Science, Department of Computer Applications. I can proudly say that we were the first batch of BCA.

I very much remember our first year when we all were new and nervous. We had no seniors. There were very few people to guide us. But once the time passed by, we learnt many things. I vividly remember how we would make presentations and viva. I clearly remember the days when our juniors joined the college. They would come to us for help and we felt the importance of being the 1<sup>st</sup> batch. We gave them our notes and guided them. We had set standards for the juniors. We even shared a good rapport with our teachers. Our teachers always helped us whenever needed. We were moved by our teacher's caring nature. We even shared a good bond with other people in the department.

I think the secret of us being so special was that we grabbed each and every opportunity that was given by our college. Initially, we would feel presentation, seminars, vivas were a burden but later we realized that these things increased our confidence and extracted best out of us.

I often find many memories flashing across my mind .How vividly I remember my class unity!!! I remember how we would heartily participated in all the events organized the college. Be it sports or seminar or intercollegiate fest, we would always be there. The most wonderful part of our 3 years was when we won the 'Best Class' Trophy. We were the first recipients of the award. Praises were like coming from all corners of globe. It was indeed a performance of class as a whole.

I then recollect the farewell.... the speeches and the painful parting. On that day I realized how difficult it is say goodbye. But when the results were declared, we completely shocked the college by having top 8 and 10<sup>th</sup> university rankers from our class. We all were very happy. My classmates did not only make our teachers and us proud but also the whole college. I feel so proud to be the part of such wonderful class. I was happy that my graduation ended with a pleasant feeling and mental relief and joy.

Today when I am doing Masters of Computer Application, I surely miss my class and teachers but with the help of 'yahoogroup' we still keep in touch with our teachers and

friends. Indeed, it was really a matter of pride to be the part of 1<sup>st</sup> batch. I'll always cherish it in my memories.

**By**  
**Ms. Asha Rao**  
**(2003-04)**

## **Euphoria of being the first BCA batch**

There has always been some sort of a euphoria linked with being the first batch. Besides containing a whole lot of suspense and drama especially when it comes to university exams (probably enough to crack Sherlock Holmes), it saves you the trauma of being welcomed by seniors! But all said and done it was a fun filled 3 year package and I am sure my contemporaries will agree with me.

College commenced during the early days of July. Fresh atmosphere, freshly painted walls, new faces, puzzled expressions- our class resembled a mixed pot that needed to blend in. And blend we did - it was just a matter of time! The entire lot split up into groups of 3 and 4 , leaving many single and wanting to mingle. August moved in with its share of fun and activities and as months began to roll by, studies began replacing fun. Things moved on to a slightly more serious note.

If one can isolate just one best phase amongst the entire 3 years, i guess it would be the time when we students actually began interacting with our professors. What made it the best phase was that it was less *professional* and friendlier, something that is really rare. For a batch like ours which was capable of driving a perfectly normal human being insane in less than 5 seconds , we really look up to them for the way they dealt with us. Though at times, I guess we brought out the worst in them, but ultimately it was they who brought out the best in us !

Assignments and exams - every students worst nightmare turned reality . We even had our share of struggling to meet deadlines and transforming ourselves into temporary workaholics. We switched many roles all through these 3 years - from dreamers during seminars to escapists when it came to sports. But all in all when it came to college festivals we never left a stone unturned. With participation and preparation at its peak, adrenalin gushes and bustling feet i guess that was BCA at its best!

It would be a difficult ask to narrate all the fun and fond moments that we shared all through these 3 years 'coz it would run into several pages... probably an entire book! But all that i can say is no matter wherever we go or whatever we aspire to do we'll always carry memories of our time back at BCA and re-live the moments which will always continue to tug at our heart strings.

**By**  
**Ms. Archana Desai**  
**(2003-04)**

## **On the 5<sup>th</sup> Floor of BMN**

My college experience was a very positive one, I learned so much during my time there, and I am not just talking about the course I studied. The best thing to come out of college for me was that I learned a lot about myself, college was really a journey of self discovery for me. I walked away from college with more than just a bachelor's degree.

The friends I made in college are still some of my best friends I've ever had. But just as important as those friendships are, the experiences and knowledge I walked away with remains the most prominent.

The faculty and staff were some of the nicest and most helpful people I've ever encountered. Most of the time, the professors were only interested in helping you do better in their classes. I remember my twelfth maths score was so low, I couldn't even tell it to anybody but thanks to Kavita ma'm who taught us so well that I got 98 marks in maths in my first semester exams, whose entire credit goes to her alone. All our teachers especially Khan Sir was so approachable and helping that we never hesitated in asking him for any kind of help. I remember the constant support and guidance that I got from Gargi ma'm when I went for revaluation of papers. And how can I forget the guidance I got from Bhavna ma'm for our final year project. Thanks to Neetu ma'm who got some renowned companies to our college for placements, getting into which was a great confidence boost up. I still remember how sad we were when Seema ma'm, Monika ma'm Gargi ma'm and Abdul sir left college, after all they were one of the best teachers we ever had and we were just addicted to them.

There were seemingly limitless extracurricular activities which we had. Be it tech fest, cultural fest or annual day, our teachers constantly encouraged us to participate in all of them and we undoubtedly got to learn a lot from them. And how can I forget the fun part associated with all these activities, we used to have a blast during our fests. One of the best parts of college life was the study tour to which we used to look forward to throughout the year.

All in all, I loved my college experience, and encourage all to enjoy their college days to the maximum because these memories are forever.

**By**  
**Ms. Kanchan Gupta (BCA)**  
**(2006-07)**  
**Software Programmer, JP Morgan**

## **“College is the Best Part of Life”**

“COLLEGE IS THE BEST PART OF LIFE” is what I would like to say whenever there is anything that I have to say for my college. Dr. B.M.N. College of Home Science is a name which will always be associated with me. The college has taught me great values; it has taught me how to be responsible and manage teams, and to fulfill teachers’ expectations. But one can fulfill expectations when the others believe in you; and in order to do the work, you have to believe in yourself. And this college has made me believe in myself.

At the moment, I am doing my post graduation from Symbiosis Institute of Computer Studies and Research and I really miss my college. I can firmly say that I would never be able to get the kind of teachers who taught me in this college. The teachers are very helpful - they trust their students, and make them trust themselves. And I am very happy to say that what I am today is just because of those teachers. It is due to them I have been able to pursue my post graduation from such a prestigious college. And in my future whatever I achieve will also be attributed to my teachers. Here in this college, I was trained to place myself in the IT industry as well as in front of the whole world. This college taught me to “how to be one in a million”.

I still remember the day when I was made treasurer of the college, and did not get the post that I wanted as I lost the election by a few votes. Initially, I was disappointed as I didn’t get what I had worked for, but my teachers made me aware of my responsibility. They told me about the importance of the post where the treasurer is in charge of the money of all the students in college, and helped me to take it up this post happily and graciously. During my third year, I was elected Assistant Vice-President of the student council, and that taught me how to be a leader. College festivals taught me how to work as a member of a TEAM. It also taught me that TEAM is a group of people who are not equally talented but equal in commitment to achieve success. The college gave me very good friends whom I will never forget. To conclude, this college has given me many things that I don’t know how I can ever repay it.

**By**  
**Ms. Himanshi Ajmera**  
**(2007-08)**  
**Software Programmer, Infosys**

## **Fond and Treasured memories of BMN**

It is a bit difficult to sum up three years of fond and treasured memories in a few words. It seems as though it was yesterday that I first time walked the passage way alone and unsure of what to expect from this course and from life. I remember entering the class and coming face to face with a boy, I was caught by surprise before reminding myself that it was a girl's college so I was undoubtedly facing a girl. The girl in question and I share today a very special friendship. Soon the college began and the routine was fixed.

The college itself was different. Teacher were so warm, caring and approachable, it was like a family. They knew us by name, knew where we sat and with whom. Teachers also personally knew what was our performance this test and the last! They gave so much security that if anything went wrong we knew that without any second of hesitation we could approach Kavita ma'm or Khan Sir; with problems not necessarily regarding the academics. They were there, always there. They literally held our finger through the three years as we moved ahead. There are so many memories that flash across the mind; bitter & sweet but still make me smile. The time there had its fights and misunderstandings though nothing but friendship stayed permanent. We became oblivious to the time that was speeding away. The college had become a part of life, a part of me.

Soon we passed out and I remembered a poem I read back in school, it was the same poem that keeps appearing in my mind time and again as I left behind the parts of me. It is nicely named 'Farewell', it goes something like this.

'No More by thee my steps shall be forever and forever...' Sad but somewhat true. I was given a tough job of few words but then for most of the feelings, words are not enough. I will try to sum up, THANK YOU for making me what I am and giving direction to my life. Today I now know what to expect from it.

**By**  
**Ms. Mitali Telang**  
**(2007-08)**  
**Software Engineer, Deloitte**

## **Global Apparel Sourcing: What's the preference-Cost, Quality or Lead time?**

Cost, quality or lead time has always been a puzzle for the apparel retailers outsourcing from parts across the globe. It is difficult to label any one factor as the prime factor for sourcing. Sourcing is a complicated process and cost, quality and lead time are all important aspects; unquestionably reliant on the product and demand. The importance is based on the nature of product, the requirement of the company, and the target customer. Says Mr. Howard Lucas (CEO- Kahn&Lucas Lancaster Inc.) the first preferred factor is quality, followed by cost and lead time. Quality of product sets the image for a company. While it is not always necessary to be the least expensive or fastest to market, apparel companies must always ship high quality product. Many of the retailers have extensive testing programs in place and any substandard components will most likely result in the cancellation of a style. If a company is manufacturing under a national brand, it can "make or break" its brands image with the consumer based on quality. Whereas, for Gary Simmons (President & CEO, Gerber Childrens Wear) cost is a primary factor for outsourcing; but he also mentions that just three factors are not sufficient to determine the terms for sourcing. Other factors like political stability of the country, infrastructure, compliance etc are equally important. Bridget McDaniel (Assistant Buyer, Designer Sportswear- QVC) says its difficult to rate any particular factor as all are important. Based on their companys products, which are sold online, they have to be very meticulous about quality, and being competitive cost is equally important; so is lead- time as they have to assure faster delivery to the buyer.

Globalization has become a phenomenon in the apparel industry. Outsourcing has taken an edge over local and in house manufacturing. Apparel industry is highly labor intensive and so low labor cost is always a prime factor for developed countries when sourcing from under developed countries with assurance of consistent quality and on-time delivery of products. Thus global sourcing involves procurement of finished goods from other countries to make the merchandise more economical. The main factors of concern for global sourcing includes: cost, quality, quantity requirements, long lead times, shipping costs, political instability, language barriers etc.

The demand for high-quality low-cost products coupled with the need to reduce costs to increase operating profits is driving more companies to outsource manufacturing overseas. Due to this demand, the market is getting very competitive and motivating every competitor to globally source their products and create a niche for itself in the retail sector. After all, cost minimization leads to revenue maximization. As believed in the supply chain; its wise to pass

the job to a third party that is core competent in the same for getting better results, this applies to every other industry. If you can get a better quality trade at lower cost then it seems advisable to outsource the job to that provider.

Global strategies are used to source these suppliers throughout the world on the basis of price, quality, technology and lead time or delivery reliability.

In general, all the three parameters of an apparel product cost, quality and lead-time are correlated.

Quality defines the life and durability of the product. If the quality is poor and the cost of the product is high, selling the product becomes a biggest challenge. Meanwhile, paying high cost to get the product that cannot meet the sell period can convert huge loss to the retailer. Time sensitive products like fast fashion apparel follow very tight timeline and meeting the deadline is important than ever. Quality and lead-time go hand in hand. High quality products with simple silhouettes need shorter turnaround time compared to the embellished or fashion cuts. One should not forget the time needed for the raw-material like fabric, trims or other accessories that would define the timing of the finished goods. Longer lead times generally tend to stock higher inventory levels for the retailers. To avoid these retailers have started practicing Lean Retailing; which means they only own products that are there in stores. And they do not store the merchandise in warehouse for replenishment. If lead time were the only consideration in a supplier's decision on where to produce its goods, then producers close to the retail market such as Mexico and the Caribbean for the US, or Turkey, Eastern Europe, and the Mediterranean for the EU would have a clear advantage over Asia (Arnold, Dennis).

The entire practice is basically to get the right product at the right place on right time and ensure business revenue to everyone.

**By**  
**Pinky Malaviya Fafadia, USA**  
**(1999-2000)**

## **Teacher – A God's Gift**

**T** is for talented that you surely are  
**E** is for explaining so patiently  
**A** is for the ability to make the class fun  
**C** is for correcting us when we were wrong  
**H** is for helping us in every way  
**E** is for encouraging us to do our best  
**R** is for rare, there is only one of you!  
So thank you all my special teachers; we think you're great too!  
God understood our thirst for  
Knowledge, And Our Need to Be Led  
By someone wiser & reliable;  
He needed a heart of compassion,  
Of encouragement, and patience;  
Someone who would accept The Challenge  
Regardless Of the Opposition;  
Someone who could see potential  
And believe in the best in others . . .  
So he made teachers.  
I'm thankful to God for making such a wonderful creation  
Becoz its education that molds the life of a person  
& without the guidance of teachers, education is incomplete.

**By**  
**Rikisha R. Maniyath**  
**(2009 Batch)**

## **JYOTI KI ORE SE**

Hu mein himmat na daru kissi se,  
Kar du bagawat jo laadu kissi se,  
Bhakti hu mein,  
Anokhi shakti hu mein,  
Bhikharu rang haazaar,  
karu mein har kissi se pyaar....  
Karke naye roop svikar,  
banu beeti to kabhi pyaar,  
Har roop mein deti hu,  
Ek aagni pariksha har baar,  
Na jaanu phir bhi hai kyun,  
dil mein dersara pyaar,  
karti sooch aur vichar,  
Khuda ne de kar yeh aakar,  
diya roop aur shringar,  
meri aakhen aur meri muskan,  
Yehi hai meri khubsurati ki pehachan.....

**By**  
**Jyoti Jain**

## **College life: Golden Period of Our Life!!**

College days are definitely the golden moments of our life. We enjoyed every moment of our college life. Lots of things happened during our college days.

It was great experience being here.... three years! We learnt many things.... now when we look back we feel....the change.... how time changes and how life keeps on moving without a pause.... people come... people go.... we laugh we cry.... some really low moments.... some really high....our college days have taught us that "Life is so beautiful in its own way."

In our last 3 years we met many people, we were attached to many and worked and enjoyed with everybody we came across. We discovered a different me in us which was more self-centered, bad and self-indulged me, and we improved as well in terms of public speaking, anchoring, organizing and gained many other moral values. All we can now recall is that first presentation when we were all shivering with stage fear.... that first interview.... those events we organized and the brainstorming done for organising those events, those proxies, talks, hanging out at friends place every now and then, bunking classes, rehearsals, practices, improvements, exams, and so on.... Life was always fun and exciting at DR B.M.N COLLEGE OF HOME SCIENCE.

It was here that we have learnt very good problem handling skills, stress management and how to meet deadlines; by completing our projects and assignments overnight. All those group tasks which compelled us to stay up all night and of course all those frequent semester exams.

These three years of our life will always be the most memorable days of our life. We know what we have learnt because we can sense the changes in us! Today as we face the world outside we are more confident! We met some really great people in our college days which had a great impact on us.

We met many who contributed to our life in one or the other way. We were encouraged, appreciated, criticized and discouraged time to time. But it always added towards our learning and helped us to learn and become better with every step...

We would love to mention the names of people who were always there for us, whether we talk daily or not and those who were always there for us as a life supporting system. But we'll not because we don't want to hurt anybody by skipping their names by mistake. Those who are special for us know this and understand this.

Now, we have started with our professional lives. We just wish all my friends and acquaintances all the best for their future endeavors. We hope to stay connected with you all.  
God Bless you!

**-Sheena John (Software Programmer, Tech Mahindra)**  
**- Minal Mody (Software Programmer, WIPRO Infotech)**  
**(2010-2011)**

## The Amazing Cucumber

The highlighted creative and fanciful ways to solve common problems :



1. Cucumbers contain most of the vitamins you need every day, just one cucumber contains Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Folic Acid, Vitamin C, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc.
2. Feeling tired in the afternoon, put down the caffeinated soda and pick up a cucumber. Cucumbers are a good source of B Vitamins and Carbohydrates that can provide that quick pick-me-up that can last for hours.
3. Tired of your bathroom mirror fogging up after a shower? Try rubbing a cucumber slice along the mirror, it will eliminate the fog and provide a soothing, spa-like fragrance.
4. Are grubs and slugs ruining your planting beds? Place a few slices in small pie tin and your garden will be free of pests all season long. The chemicals in the cucumber react with the aluminum to give off a scent undetectable to humans but drive garden pests crazy and make them flee the area.
5. Looking for a fast and easy way to remove cellulite before going out or to the pool? Try rubbing a slice or two of cucumbers along your problem area for a few minutes, the phytochemicals in the cucumber cause the collagen in your skin to tighten, firming up the outer layer and reducing the visibility of cellulite. Works great on wrinkles too!!!
6. Want to avoid a hangover or terrible headache? Eat a few cucumber slices before going to bed and wake up refreshed and headache free. Cucumbers contain enough sugar, B vitamins and electrolytes to replenish essential nutrients the body lost, keeping everything in equilibrium, avoiding both a hangover and headache!!
7. Looking to fight off that afternoon or evening snacking binge? Cucumbers have been used for centuries and often used by European trappers, traders and explorers for quick meals to thwart off starvation.
8. Have an important meeting or job interview and you realize that you don't have enough time to polish your shoes? Rub a freshly cut cucumber over the shoe, its chemicals will provide a quick and durable shine that not only looks great but also repels water.
9. Out of WD 40 and need to fix a squeaky hinge? Take a cucumber slice and rub it along the

problematic hinge, and voila, the squeak is gone!

10. Stressed out and don't have time for massage, facial or visit to the spa? Cut up an entire cucumber and place it in a boiling pot of water, the chemicals and nutrients from the cucumber will react with the boiling water and be released in the steam, creating a soothing, relaxing aroma that has been shown to reduce stress in new mothers and college students during final exams.

11. Just finish a business lunch and realize you don't have gum or mints? Take a slice of cucumber and press it to the roof of your mouth with your tongue for 30 seconds to eliminate bad breath, the phyto-chemicals will kill the bacteria in your mouth responsible for causing bad breath.

12. Looking for a 'green' way to clean your faucets, sinks or stainless steel? Take a slice of cucumber and rub it on the surface you want to clean, not only will it remove years of tarnish and bring back the shine, but it won't leave streaks and won't harm your fingers or fingernails while you clean.

13. Using a pen and made a mistake? Take the outside of the cucumber and slowly use it to erase the pen writing, also works great on crayons and markers that the kids have used to decorate the walls!!

**See if you can figure  
Out what these words have in common.**

1. Banana
2. Dresser
3. Grammar
4. Potato
5. Revive
6. Uneven
7. Assess

**Answer:** (This is a palindrome "in reverse") !!

In all of the words listed, if you take the first letter, place it at the end of the word, and then spell the word backwards, it will be the same word.

**Contributed by : Ms. Priya Shah**

**(1993)**

**Lecturer, S.C.N. Institute of Polytechnic**

## **FROM SELF EMPLOYMENT TO ENTREPRENEUR**

It is correctly said small things make big difference in everyone's lives. During college, attending lectures, seminars we use to think, why our professors don't understand that it is so boring to attend those seminars and sit for 2 hours just yawning and looking at watch again and again. Our professors always loaded us with tons of work, we use to work 20hours completing assignments, projects, presentations and the task given to you should be the best and on time. All my friends and I use to think, our college is different, in other colleges teachers don't make students work so much unlike here. And many a times we were so pissed that just thought of leaving the course in between.

To garnish all these submissions, there was competition. After loading us with so much of work, professors wanted us to participate in competitions, festivals; they wanted us to give the best. After second year we were polished and habitual to all these submissions and assignments. We were bold to face them. Not much, but yes to some extent we did lived up to their expectations. We participated in competitions and the Textile batch was known as the Fashion show batch, and we bagged many prizes in Youth nexus by Hindustan times, NIFT, UICT, and VJTI. Not only fashion shows we bagged first prize in National paper presentation at UICT and stood second in VJTI. Shilpa maam gave our batch party for all these achievements and said we were the first batch to whom she was treating. Apart from party, our parents were called to felicitate us with prizes, which I think is the greatest achievement.

Knowingly or unknowingly the pressure given by teachers helped a lot and is still helping in exploring world and achieving success in work. Now struggling for my business to grow, I feel those lectures seminars were so important, I did not realize then. I thank god that my professors were strict about attending lectures and attendance; otherwise I wouldn't have thought of even starting my business.

Attending those lectures helped so much in daily life, now I realize how these lectures have helped me to prioritize my work, which is very very important in every big or small scale business.

Trust me I am not flaunting things, whenever I am loaded with exhibitions, completion of orders, I prioritize my work and God knows how things go so smoothly? One day asked my mum that there is so much of stress as I am piled with work, how things go so smoothly? She smiles, and says beta remember your hard work in college. She remembers all my professors Sujata, Sugandha, Veena, Mala, Anuradha maam, she proudly says you were student of such great teachers and until you do quality work you can't sleep for the day. I completely agree with her.

Now, after two years, I have four helps working along with me.

I am not telling much it's because of God's grace, parents' blessings and my teachers for moulding me and filling the beautiful colors of hard work, dedication, sincerity towards work and life and making me who I am. I feel proud to be a freelance entrepreneur and have all my creation named under

**SUPRIYA'S HANDI ARTS n CRAFTS**

**(2008)**

## ANNOUNCING UPCOMING EVENTS

- **Akanksha**

Our inter-collegiate cultural festival “Akanksha” is coming up energetically on 6<sup>th</sup> and 7<sup>th</sup> January 2012.

- **UsGC Sponsored National-level Seminar**

The Department of Textiles Science and Apparel Design is organizing two-days UGC Sponsored National-level Seminar on “Apparel Merchandising Management” on 12<sup>th</sup> and 13<sup>th</sup> January 2012.

- **UGC Sponsored State-level Seminar**

The Department of Computer Applications is organizing two-days UGC Sponsored State-level Seminar on “E-crime and E-security”.

For further details on the above, check out the links on our website.